

**Dr. Priscilla Monroe, RN, ND**

**Naturopathic Doctor  
5025 J Street- Suite 205  
Sacramento, CA 95819  
916-448-9927  
www.drpriscillamonroe.com**

Patient Name \_\_\_\_\_ Sex \_\_\_\_\_ Date of Birth \_\_\_\_\_

If patient is a minor, name of parent or guardian \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Message Phone \_\_\_\_\_

Patients Occupation \_\_\_\_\_ Full Time Part Time Retired

Patients Employer \_\_\_\_\_ Work Phone \_\_\_\_\_

Patients Employer Address \_\_\_\_\_

Marital Status \_\_\_\_\_ Name of Spouse or Partner \_\_\_\_\_

Whom may we thank for this referral? \_\_\_\_\_

Welcome to Dr. Priscilla Monroe, Naturopathic Physician. I look forward to providing all of your health care needs, with an emphasis on preventative care and health maintenance. Treatments for most disease conditions are available from infancy to advanced age. Holistic approaches and natural medicine highlight my efforts to restore normal balance and well being in your life. I welcome your questions and encourage your participation in your health care treatment.

Payment in full is expected at the time of service. I accept checks, cash, Visa, and Mastercard. Reduced billing charges help me keep **your** costs down. If it is necessary, please notify the office in *advance* if an extended payment schedule is needed and work out a payment plan with me prior to receiving services. My past due accounts are periodically turned over to a collection agency. If your account is assigned, you agree to pay all costs necessary to collect the amount due. This policy keeps me from penalizing my patients who pay their bills promptly.

Since your appointment time has been set especially for you, I ask that you please be prompt. Failure to cancel within 48 hours will result in a patient charge of \$75.00.

I agree to be responsible for payment as a result of all bills incurred in this office. I have read the above policy and agree to abide by it for all services received from this office.

\_\_\_\_\_  
**Signature (parent sign if patient is a minor)**

\_\_\_\_\_  
**Date**

**Please list reasons you came in today:**

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_

**Health Habits**

**Hobbies** \_\_\_\_\_

**Exercise:** What \_\_\_\_\_ How Often \_\_\_\_\_

**Sleep:** Hours \_\_\_\_\_ Light \_\_\_\_\_ Sound \_\_\_\_\_ Insomnia \_\_\_\_\_

**Stress Level:** High \_\_\_\_\_ Average \_\_\_\_\_ Low \_\_\_\_\_ Major Stress \_\_\_\_\_

**Alcohol Use:** Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how much? \_\_\_\_\_

**Tobacco Use:** Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how much? \_\_\_\_\_

**Caffeine Use:** Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how much? \_\_\_\_\_

**Diet** (circle one): Junk food – Standard American (meat, potatoes, dessert) – Wholesome – Vegetarian – Raw Foods – Other \_\_\_\_\_

Briefly describe your diet: \_\_\_\_\_  
\_\_\_\_\_

Please list all vitamins, minerals, and other food supplements you take: \_\_\_\_\_  
\_\_\_\_\_

Please list all medications, both prescription and over-the-counter that you take: \_\_\_\_\_  
\_\_\_\_\_

Past medical history: (Please include dates) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Major illnesses: \_\_\_\_\_

Past surgeries: \_\_\_\_\_

Please mark "N" for any problems you have had now and "P" for any past problems or conditions.

- |  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> Allergies           | <input type="checkbox"/> Eczema             | <input type="checkbox"/> Stroke             | <input type="checkbox"/> Arthritis         |
| <input type="checkbox"/> Headaches, frequent | <input type="checkbox"/> Thyroid            | <input type="checkbox"/> Asthma             | <input type="checkbox"/> Heart Problems    |
| <input type="checkbox"/> Trauma, Major       | <input type="checkbox"/> Blood disease      | <input type="checkbox"/> Herpes             | <input type="checkbox"/> Tuberculosis      |
| <input type="checkbox"/> Cancer              | <input type="checkbox"/> Hypertension       | <input type="checkbox"/> Urinary infections | <input type="checkbox"/> Colds, frequent   |
| <input type="checkbox"/> Hypoglycemia        | <input type="checkbox"/> Venereal disease   | <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Nervous breakdown |
| <input type="checkbox"/> Digestive Problems  | <input type="checkbox"/> Neurosis/Psychosis | <input type="checkbox"/> Ear infections     | <input type="checkbox"/> Pneumonia         |
| <input type="checkbox"/> Other               |   |   |  |

Past medical care: Where did you last receive medical care? \_\_\_\_\_

\_\_\_\_\_

For what reason? \_\_\_\_\_

\_\_\_\_\_

When was your last physical exam taken? \_\_\_\_\_

\_\_\_\_\_

Last dental exam? \_\_\_\_\_

\_\_\_\_\_